

Calgary West Little League



The goal of our relaunch is based on the belief that it is fundamentally safe for participants to play outdoor sports in a controlled and supervised environment at fields and areas dedicated for that purpose. We are advocating, and thus supporting, a strong team effort that educates our members on the need for a safe operation plan.

The over-arching purpose of each safety plan addendum is to prevent transmission of COVID-19. The following pertains to CWLL's Return to Play Safety Plan for practices only as the province has rolled back to Step 1 in their "A Path Forward" document at <https://www.alberta.ca/enhanced-public-health-measures.aspx>.

SECTION 1 - Considerations & Assumptions

- Emphasize that anyone who is sick or has anyone in their household with cold-like symptoms such as cough, fever, runny nose, sore throat or shortness of breath, **MUST NOT** be at the field and must leave the field or designated play area immediately.
- Patrons with these symptoms will not be allowed on the field and will be advised to return home (see the CWLL Covid Checklist document).
- CWLL will mandate use of TeamSnap to answer questions on participants health and to enable quick contact with participants and guardians.
- For the purposes of tracing close contacts, coaches or volunteers should be able to indicate anyone who was on the field at a given time (TeamSnap).
- Spitting is not permitted. Tobacco use of any kind, unshelled sunflower seeds, and unshelled peanuts are not permitted at any facility.
- A basic safety practice plan for coaches and supervisors to use will be created as a tool for consistent messaging. Players need to be educated and reminded on a continual basis about the safety measures.
- If a participant, coach, staff or volunteer develops COVID-19 symptoms during the activity, they should be sent home to begin isolation immediately.
- The baseball diamond can be divided into two halves (infield/outfield). Each half can have 10 people (including coaches). The groups cannot intermingle, nor can the coaches switch groups, at any point during the practice time.
- Coaches must wear a mask at all times.

- Players should show up to the practice wearing a mask. They should keep mask on their person at all times. When player is getting ready, field preparation or clean up is being performed or there is coaching instruction, the mask should be put on. The mask can be removed during times of intensity drills (i.e. catch, infield/outfield, baserunning etc.)
- If the players, coaches or volunteers test positive for COVID-19 or are considered a close contact of someone who has, the individual and CWLL will strictly enforce the criteria set out by the Alberta Government at <https://www.alberta.ca/isolation.aspx>

SECTION 2 – Activity Protocols

- Players are encouraged not to touch their face or put any part of their hands in their mouth. Pitchers are not allowed to put their fingers to their mouth.
- Anytime a baseball leaves the playing field it needs to be cleaned, disinfected, and sanitized before it can be used again.
- Coaches will sanitize hands and practice hand hygiene prior to handling baseballs.
- No dugout use will be permitted.
- Encourage participants to come dressed to play.

SECTION 3 - Health & Hygiene

- CWLL will make hand sanitizers available to all coaches and/or volunteers.
- All participants must clean and disinfect their equipment after each event and prior to the next one (preferably 24 hours apart).
- Participants are encouraged to wear clean clothing/uniforms to each event. Uniforms are encouraged to be cleaned after each event and prior to the next one.
- Team equipment must be sanitized by an appointed volunteer before each use, and between sharing users. Catchers equipment can not be shared during same event/day and must be sanitized before next use. Each team will be given a minimum of 2 sets of catchers equipment. Users assume the risk of using shared equipment such as team bats. Personal equipment is not to be shared. Players must provide their own helmet.
- Baseballs must be sanitized before and after each event and prior to being re-entered into games or practices. Sanitization should use recommended products to ensure the maximum safety.
- CWLL will provide a means to sanitize hands at locations on the field where patrons and staff are known to handle goods.
- Hand sanitizer is required if the coach or volunteer has visibly dirty hands.

SECTION 4 – Safety and Physical Distancing

- We will restrict the number of off field individuals. If parents are not comfortable dropping the players off before practice and not returning until practice is over, the parents should maintain significant distance from the playing field so not to appear to be a part of these “groups of 10”.
- No physical contact (handshakes, fist bumps, high 5’s, etc.) at any time including between players and between players and coaches.
- No gathering around the park until your scheduled arrival time. Please remain in your own vehicle until 5 minutes before your scheduled arrival time.
- All participants/patrons must leave the facility immediately following the conclusion of the event.
- Maintaining a 2 metre separation between individuals social distancing will be encouraged as much as possible.

SECTION 5 - Administrative Considerations

- We will conduct training sessions with organization board members, umpires, coaches, players, and then parents to explain reopening conditions.
- Schedule windows will be larger for events to avoid unnecessary congestion between activities and to allow for necessary cleaning.
- At a large venue, such as an outdoor baseball park, we believe that social distancing can occur in a widespread out fashion. Gathering of separate groups of people will be prohibited at all times, even if the 2 metre social distancing can occur.
- No sharing of water bottles or food of any kind. Water/beverages should be brought from home. Please ensure water bottles are labelled with participant name.
- Website and social media information will contain resources and protocols for these programs.
- CWLL’s Zero Tolerance Policy includes new provisions related to COVID- 19 baseball relaunch.
- CWLL will make every effort to encourage and educate on respiratory etiquette (e.g., coughing or sneezing into a bent elbow, promptly disposing of used tissues in the trash, and followed by hand hygiene) is followed.